



Global Native

For a Sustainable Partnership with Mother Earth

House Rules

Information for people who would like to stay with us at the Spirit of Nature community on Mont SoNNoS.

Conscious decision – to create a new Mother Earth culture. We Global Natives have made a conscious decision to be a part of a movement to create a new loving & caring Mother Earth culture, in order to overcome the domination from Capitalism & Egoism, and the destructive habits of the modern main-stream civilisation. We like that you become as well a successful creator and make such a conscious decision for you, which will benefit your stay with us. These conscious decisions and choices are ones of several necessary conditions for our Global Native **live experience & new awareness**, in order to build a strong social structure for our new age tribe-community.

No harmful action against you, us and Mother Earth, like tobacco, alcohol etc.

We like to remind ourselves to stay away from harmful action against people and Mother Earth like the consummation of negative energy & substance like Tobacco, alcohol, unnecessary fossil fuel or other forms of harmful energy and matter to the environment and us. Be & eat healthy! You are what you eat! Become the creator of the life you would like to see.

Daily natural rhythm with the Sun and Mother Earth (this italic part is for those interested in their spiritual growth, doing Yoga or Meditation & connection to our Higher Self. We like to remind ourselves to be pro-active, to evolve and grow consciously in all our actions, in order to create a new loving Mother Earth culture. Therefore we can connect to the greater daily natural rhythm of the Sun and Mother Earth. With the daily natural rhythm, we can improve our spiritual, social and physical growth, together with the sunlight. Getting up one hour before sunrise, having then one hours time for our spiritual, creative and social growth, connection to our Higher Self, **and experience the transformation from darkness into the light, as a daily conscious transformation experience from own darkness into our own light – the Higher Self**). **We have then breakfast together and are ready for our physical and creative activities:** 4 hours organic work & karma yoga until midday. Then we have lunch together. After lunch we have a long individual time for our recreation, followed by two hours karma yoga from 4 to 6 pm, and then we have dinner together.

Karma yoga means doing good and helpful input into our development of our community – tribe and for our spiritual, cultural, economical and physical growth, without expecting any direct benefit to you such as money or any other form of payment, exchange, food or accommodation. In other words we are a little bit different than other WWOOFer places. We are building together with conscious volunteers like you a new loving Earth Culture and futuristic – holistic island in the ocean of capitalism and Egoism. Global-Native experience is much more than an easy going holiday. It is THE experience of creating a new culture and possible future, for you and us.

We are thriving to be self sufficient but still need to buy some of our food, so we are asking a **Koha (donation) of \$6 per day**. If you can afford more towards materials, this would be great. Please give your donation directly to the caretaker or the magic hat, at the beginning of your stay. This is because the Global-Native cultural initiative is not a business and we cannot afford to sponsor the valuable and important experience you can make here. We like to keep all the donation and financial matters of our community transparent. **If you cannot afford the donation of \$6, do not hesitate to discuss it with the caretaker or our community, in order to find a sponsor or another solution for you.**

If you wish to make with us this Global-Native experience, please sign this document, & **Please be aware that you are Taking part at your own risk**. Thanks. BB.28.1.15

Name

Signature

Date

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